



Matong Public School NEWSLETTER

TERM 2 2019

Week 1

Fri 3rd May

ANZAC Day Ceremony at 10.45am. Stay for a cuppa afterwards. Everyone is welcome.



Week 2

Wed 8th May

Paul Kelly Cup – Wagga

Week 3

Mon 13th May

Owen Murrumbidgee Landcare Talk at 2:00pm to 3:00pm – Years K to 6

Tues 14th May

NAPLAN Online begins (ends 24th May)

NOTES TO BE RETURNED:

- Japanese Cuisine Lunch Orders for Wed, 8th May must be handed in to the School Office by Mon, 6th May.



Welcome back to all students and families! We are looking forward to an exciting and busy Term 2.

■ Phone: (02) 6927 7824 Fax: (02) 6927 7877

■ Email: matong-p.school@det.nsw.edu.au

■ Website: www.matong-p.schools.nsw.edu.au

Matong Public School

5649 Canola Way

Matong NSW 2652



Education & Communities

Public Schools NSW

Upcoming Events 2019

Term 2

Wed. 8 th May	Paul Kelly Cup
Mon. 13 th May	Owen Murrumbidgee Landcare Talk
Tues. 14 th May	NAPLAN begins
Tues. 21 st May	Mortimer Shield Rugby League
Fri. 24 th May	NAPLAN ends
Fri. 31 st May	Small Schools Athletics - Coolamon
Thurs. 13 th June	Riverina Cross Country
Thurs. 20 th June	Photo Day
Wed. 3 rd July	District Athletics @ Ardlethan

Term 3

Thurs. 8 th August	Wagga Excursion / REEC Visit
Tues. 13 th August	Life Ed Van
Fri. 30 th August	Riverina Athletics
Tues. 3 rd September	ICAS - begins
Thurs. 19 th September	ICAS - ends
Sat. 12 th October	MPS 100 th Year Celebration



Princess Sparkle



She looks like a princess because she has a crown and a princess hat. She is a pig and she has wings, five feet and a curly tail. She has two ears, two eyes and rosy cheeks. Princess Sparkle can fly. She can do a front flip and a back flip.

Maya Smith – Year 1

Stage One News

Welcome to two new students, Sophie and Rylee in Stage One. We are very excited to have you join us.



School ANZAC Ceremony

We will hold our ANZAC Ceremony this Friday, 3rd May. Stay for a cuppa and a nibble afterwards. Everyone is most welcome to attend. We look forward to seeing you there.



Request:



Lelia has requested for families to bring in any old vegetable seeds. These will be used to make green manure for our gardens.

Community News

Coolamon Library

Storytime - May

10th May – "Gardens" @ 10.30am

24th May – "Grandparents" @ 10.30am

Author Talk

The Coolamon Library welcomes author Leith Russell with her new book "A Top End Story". In her book she highlights the trials and joys of spending 12 months in the Top End running pre-schools which caught her imagination. During her time in the Northern Territory, Leith kept a daily journal and also found time to make many sketches, all of which have been recorded in this book.

Leigh will be visiting the Coolamon Library on Tuesday, 14th May @ 10.30am, everyone is most welcome.

Self Service Kiosk

The Library has a self-service Kiosk provided by Service NSW. The Kiosk will provide our community with access to a wide range of government services, including NSW Seniors Cards, Marriage and Birth Certificates and renewal of NSW Driver's licence and registrations.

- The Library is also continuously receiving new books, DVD's, and magazines, call in for a browse. Join the Library today - membership is FREE.
- The Coolamon Library is on Facebook! News, pictures, events and opportunities are regularly uploaded – join us now!

Rural Women's Wellbeing Day
Saturday 18th May 9am – 5pm
 Ganmain Sports Club
created especially for Women of the Land
 If you know the taste of dust, if you know the feel of flies
 If you've looked out at dusty paddocks, tears welling in your eyes

We welcome you to a day of nurturing, a day of pampering, a day of healing

Explore what else is possible and take home simple, practical tips to empower you

Sessions include:



Yoga & Chair Yoga	Hair Tips	Partner Massage	Flower Arrangement	Kombucha
Permaculture	Hand Reflexology	Meditation	Bees Wax Cloth	Power of Music
Breathing & Mantra exercises				

What to wear: wear loose comfy clothes and a smile

What to bring: pen & paper to take notes, a yoga mat if you have one, secateurs for flower arrangement, a 500ml clean jar for your kombucha, a piece of your favourite fabric for Bees waxing and most importantly your sense of humour and an open mind

Limited Numbers Bookings essential RSVP by Friday 7th May

For bookings or enquiries please contact:
 Wendi Guy 6927 7888 0429 404 391
 Sandy Kooper 6956 2109

Funded by:
 

Grong Grong Community Committee Meeting

The next community committee meeting with Council will be held on Thursday, 9th May.

If you have an issue you would like one of the committee to raise, please contact one of the committee members to discuss, and have it placed on the agenda prior to 1st May.

Committee members are:

1. Councillor Lewis - Alternate Councillor Bryon
2. Jean Batchelor
3. John Foley
4. Gemma Purcell
5. Robert Manning
6. Julie Marwood
7. Reiner Meier
8. Leonard O'Reilly
9. Graeme Missen
10. Peter Skarlis

101 SCREEN-FREE ACTIVITIES

At Home

1. Listen to the radio.
2. Write an article or story.
3. Paint a picture, a mural or a room.
4. Write to the President, your Representative, or Senators.
5. Read a book. Read to someone else.
6. Learn to change the oil or tire on a car. Fix something.
7. Write a letter to a friend or relative.
8. Make cookies, bread or jam and share with a neighbor.
9. Read magazines or newspapers. Swap them with friends.
10. Go through your closets and donate items to Goodwill, the Salvation Army, or a local rummage sale. Have a garage sale.
11. Start a diary/journal.
12. Play cards.
13. Make crafts to give as gifts. Try a new craft.
14. Do a crossword puzzle or play Sudoku.
15. Save money: cancel your cable TV!
16. Learn about a different culture. Have an international dinner.

17. Teach a child some of your favorite childhood games.
18. Study sign language.
19. Write a letter to your favorite author.
20. Cook dinner with friends or family.
21. Make cards for holidays or birthdays.
22. Play chess, bridge, or checkers.
23. Play charades.
24. Have a cup of coffee and a conversation.
25. Repair or refinish a piece of furniture.
26. Make a wooden flower box.
27. Wake up early and make pancakes.
28. Read a favorite poem. Read poems by poets new to you

Outdoors

29. Learn about native trees and flowers in your area.
30. Plan a picnic or barbecue.
31. Go bird watching. Learn the names of local birds.
32. Walk the dog. Wash the dog.

33. Plant a garden. Work in your garden.
34. Take a nature hike.
35. Feed fish or birds.
36. Watch the night sky through binoculars and identify different constellations. Observe the moon.
37. Learn to use a compass.
38. Take photographs and then organize them into an album.
39. Do yard work.
40. Go camping.
41. Take an early morning walk.
42. Climb a tree.
43. Watch a sunset; watch the sunrise with a friend.

Around Town

44. Attend a community concert. Listen to a local band.
45. Visit the library. Borrow some books.
46. Visit a local bookstore.
47. Visit the zoo.
48. Visit the countryside or town. Travel by bus or train.
49. Attend a religious service.
50. Go to a museum.

51. Walk to work or school.
52. Attend a live sports event.
53. Look for treasures at a yard sale.
54. Try out for a play. Attend a play.
55. Collect recycling and drop it off at a recycling center.
56. Learn to play a musical instrument.

On the Move

57. Go roller skating or ice skating.
58. Go swimming. Join a community swim team.
59. Start a community group that walks, runs or bikes.
60. Organize a game of touch football, baseball, or softball in the local park.
61. Go for a bicycle ride.
62. Learn yoga.
63. Play soccer, softball or volleyball.
64. Play Frisbee.
65. Workout.
66. Go dancing. Take a dance class.

In Your Community

67. Organize a community clean-up or volunteer for charity.
68. Become a tutor.

69. Join a choir. Sing!
70. Start a bowling team.
71. Visit and get to know your neighbors.
72. Start a fiction or public policy book group.

With the Kids

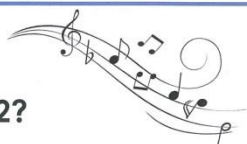
73. Make paper bag costumes and have a parade.
74. Design a poster for Screen-Free Week.
75. Discover your community center or local park activities.
76. Blow bubbles.
77. Draw family portraits.
78. Build a fort in the living room and camp out.
79. Research your family history. Make a family tree.
80. Invent a new game and teach it to your friends.
81. Make a sign to tape across the TV during Screen-Free Week.
82. Play hopscotch, hide & seek, or freeze-tag.
83. Organize a neighborhood scavenger hunt.
84. Play board games with family and friends.
85. Clean up or redecorate your room.

86. Make puppets out of old socks and have a puppet show.
87. Write a play with friends. Perform it at a nursing home.
88. Construct a kite. Fly it.
89. Go on a family trip or historical excursion.
90. If it's snowing, go sledding or make a snowman.
91. Create a collage out of old magazine pictures.
92. Shoot hoops with friends. Play a round of H.O.R.S.E.
93. Make a friendship bracelet.
94. Create a cookbook with all your favorite recipes.
95. Tell stories around a campfire.
96. Plan a slumber party.
97. Bake cakes or cookies and invite friends for a tea party.
98. Construct a miniature boat and float it on water.
99. Write a letter to your grandparents. Make a special card.
100. Create sidewalk art with chalk.
101. Everyone! Have a huge party to celebrate a Screen-Free Week!

www.screenfree.org



Love to sing?
In Year 5 to Year 12?



2019 Riverina Choral Camp is the place for you!

A three and a half day choral singing camp including one day tour to perform at local schools.

A great opportunity to be selected for Riverina, State and Schools Spectacular Choirs.

When: Sunday 26 May to Friday 31 May 2019

Where: Borambola Sport and Recreation Centre

Cost: \$420

Register your interest here:

<https://goo.gl/forms/cdJwKsC9iAOiylyf2>



Education
Public Schools

Camp Coordinator: Holly Rose
Contact: 6922 5087
Email: sturt-p.school@det.nsw.edu.au
Host School: Sturt Public School

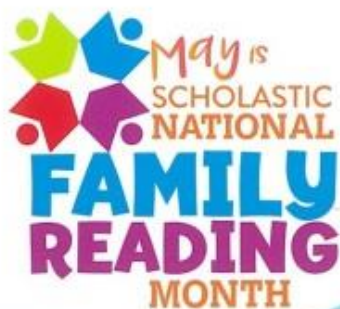
2019 RIVERINA

STRINGS & RECORDERS CAMP

Open to NSW public school students from Year 3 to Year 12 who play violin, viola, cello, double bass, recorder, ukulele or guitar.

Sunday 2 June to Friday 7 June
at Borambola Sport and Recreation Centre.

For enquiries contact: Judy Gollasch
ph. 0428 295227 judith.gollasch@det.nsw.edu.au



Every year during National Family Reading Month, Scholastic holds an exciting reading challenge as part of the celebration.

Research shows that family reading time is one of the BEST ways to grow a child's interest in the wonderful world of books. Kids who read, succeed!

Have fun reading together and good luck in our prize draw!

\$10,000 WORTH OF PRIZES TO BE WON!

TEACHERS:

Get your students **Reading More in May!**
Photocopy and distribute this reading log to your students.

You could WIN \$100
in Scholastic Rewards!



SCHOLASTIC
REWARDS
ONE REWARD = \$1

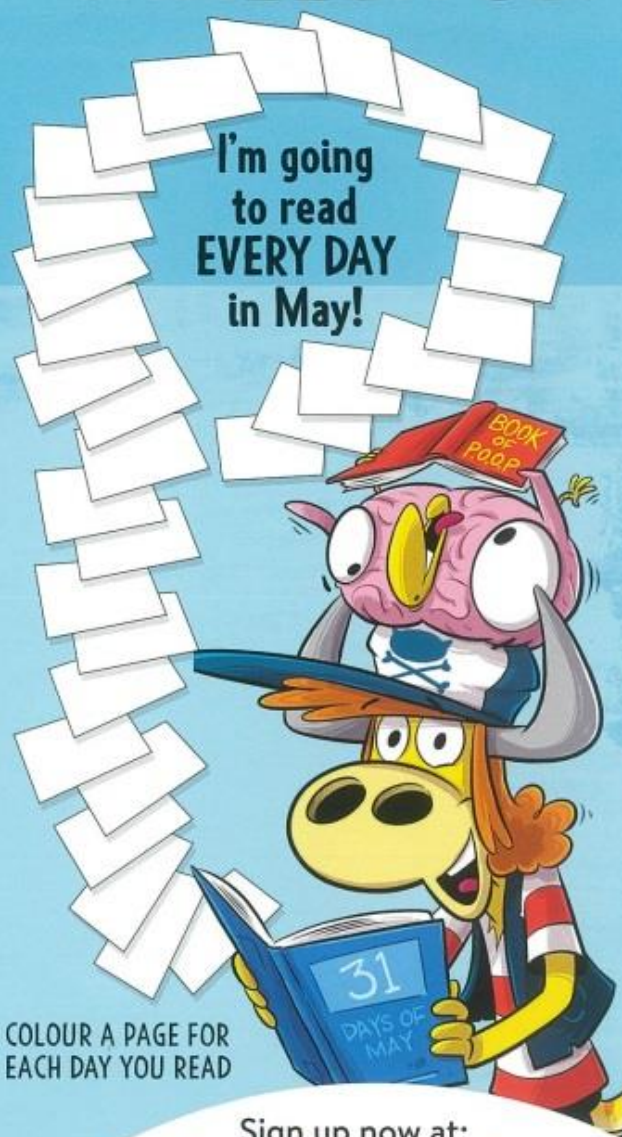
FAMILIES:

Read every day in May and
go into the draw to **WIN 1 of 50**
\$100 book vouchers!

1. Read for at least 10 minutes every day in May, and colour in the pages on the **Reading Log** (at right) to show your progress.
2. Sign up at scholastic.com.au/nfrm to enter you and your teacher into the draw. Entries close 7 June 2019.
3. Keep this **Reading Log** in a handy place as proof of participation in case you are drawn as a winner!

For terms and conditions visit:

JOIN OUR READ MORE IN MAY CHALLENGE!



COLOUR A PAGE FOR
EACH DAY YOU READ

Sign up now at:
scholastic.com.au/nfrm
to go in the draw to WIN great prizes
for you and your teacher!

Competition closes 7 June 2019.

Name: _____

Teacher: _____

Parent's signature: _____

Book Club

Your **Brain** on Books



What science tells us about why you should get lost in a great story

Reading is a workout

- Increases knowledge and vocabulary by **50%**
- Lowers stress by **68%**
- Can lengthen your life by **2 years**

Books can:

- **Boost your mood**

Studies show that people who read for fun are more likely to feel happy and confident.

- **Help you relax**

Your heartbeat slows. Your muscles melt. One minute you're reading in bed, and the next you're zzzzzzzzzzzzz.

- **Bring people together**

Whether you're starting a Book Club or bonding over Wimpy Kid with a friend, you'll be part of a reading community.

Reading is a workout for your...



Memory

Reading exercises the brain, improving your memory. (Maybe you'll stop forgetting your lunch at home!)



Imagination

Books help you see vivid pictures in your mind, so you feel like you're actually at Hogwarts, riding a Nimbus 2000.



Heart

Research shows that reading about a character's thoughts and feelings can make you kinder.