



Matong Public School NEWSLETTER

TERM 2 2019

Week 4

Tues 21st May

Mortimer Shield Rugby
League – Wagga Wagga

Wed 22nd May

National Simultaneous
Storytime

Week 5

Fri 31st May

Small Schools Athletics
hosted by Matong Public
School – Coolamon

Week 6

Fri 7th June

Golf Clinic – Sport

Week 7

Mon 10th June

PUBLIC HOLIDAY

Thurs 13th June

Riverina Cross Country

Fri 14th June

Golf Clinic – Sport

NOTES TO BE RETURNED:

- Japanese Cuisine Lunch
Orders for Wed,
22nd May must be handed
in to the School Office by
Mon, 20th May.



Winter is Here!

**Maya, Grace and Elsie looking smart in their
winter uniforms.**

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Matong Public School

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Matong NSW 2652



**Education &
Communities**

Public Schools NSW

Upcoming Events 2019

Term 2

Tues. 14 th May	NAPLAN begins
Fri. 24 th May	NAPLAN ends
Fri. 31 st May	Small Schools Athletics
Thurs. 13 th June	Riverina Cross Country
Thurs. 20 th June	Photo Day
Wed. 3 rd July	District Athletics @ Ardlethan

Term 3

Thurs. 8 th August	Wagga Excursion / REEC Visit
Tues. 13 th August	Life Ed Van
Fri. 30 th August	Riverina Athletics
Tues. 3 rd September	ICAS - begins
Thurs. 19 th September	ICAS - ends
Sat. 12 th October	MPS 100 th Year Celebration

Assembly Awards – Week 2

Principal's Awards



Class Merit Awards

Year 1: Kobi Whitty – For displaying an excellent attitude towards his learning.

Year 2: Teddy Gordon – For effort and application during creative arts.

Year 3: Violet Gordon – For an excellent attitude to her learning.

Year 4: Callum Ostler – For working efficiently at all learning tasks.



Stage One News

Callum Ostler

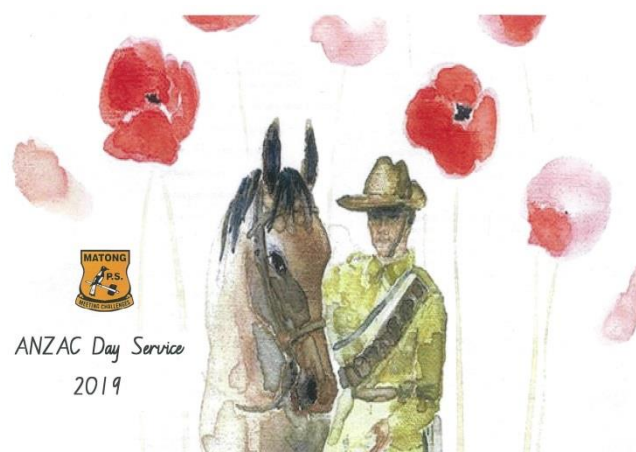
For getting along with others and displaying lovely manners.

Jessica Rudder

For assisting others in times of need.

Emma Brew & Phoebe Stephens

For ANZAC Day leadership.





Your Brain on Books



Reading is a workout

- Increases knowledge and vocabulary by **50%**
- Lowers stress by **68%**
- Can lengthen your life by **2 years**

Books can:

- **Boost your mood**
- Studies show that people who read for fun are more likely to feel happy and confident.
- **Help you relax**
- Your heartbeat slows. Your muscles melt. One minute you're reading in bed, and the next you're zzzzzzzzzzzzzz.
- **Bring people together**
- Whether you're starting a Book Club or bonding over Wimpy Kid with a friend, you'll be part of a reading community.

Reading is a workout for your...



Memory

Reading exercises the brain, improving your memory. (Maybe you'll stop forgetting your lunch at home!)



Imagination

Books help you see vivid pictures in your mind, so you feel like you're actually at Hogwarts, riding a Nimbus 2000.



Heart

Research shows that reading about a character's thoughts and feelings can make you kinder.

Community News

Coolamon Library

Storytime

Storytime will be Friday, 24th May @ 10.30am theme "Grandparents ", we welcome any grandparents to come along too.. The morning is filled with lots of stories, songs and finishing up with a craft the children are able to take home.

Library refurbishment

The Library has had new carpet laid, new shelving installed during last week. We have created a more flexible and collaborative space which better meets the need of our community. Come in for a browse – Join the Library it's FREE.

National Simultaneous Storytime

National Simultaneous Storytime will be held at the Library Wednesday, 22nd May. National Simultaneous Storytime (NSS) is an annual campaign that aims to encourage more young Australians to read and enjoy books. This year's book is "Alpacas with Maracas" written by Matt Cosgrove. Several schools and preschools will be attending.

Lego Club

Lego club has commenced again, it is held every Wednesday from @ 4.00pm – 5.00pm and then on Saturday mornings from 10.30am – 11.30am here at the Library. The aim of the Lego Club program is for children to have fun, learn to communicate with others and to develop problem-solving skills. This is a free program and is being offered to children from 5 years to 15 years of age. All lego is provide and any donation of Lego would be kindly appreciated.

Self –Service Kiosk

The Library has a self-service Kiosk provided by Service NSW. The Kiosk will provide our community with access to a wide range of government services, including NSW Seniors Cards, Marriage and Birth Certificates and renewal of NSW Driver's licence and registrations. For further details phone the Library – 69272492



The simplest way

... to choose foods for the lunch box

Pick one food from each food group:

Breads & Cereals:
rich in carbohydrates,
the body's preferred
source of energy –
perfect for kids to
play and learn all
day.



Vegies & Salads:
high in fibre and packed full of vital vitamins and minerals
to boost health and help maintain a healthy weight.

Meat & Alternatives: rich in protein, iron and zinc.

Dairy: important for growing healthy bones and teeth.

Fruit: naturally sweet and refreshing the perfect snack for
growing bodies.

For simple ideas on foods from each group visit
healthylunchbox.com.au

healthylunchbox.com.au

St. Brendan's Inaugural Bushdance

Featuring the OMG Bush Band

Date: Saturday 18th May 2019

Venue: Ganmain Hall

Tickets at the door.

Doors open and
BBQ dinner at 5.30pm
Dancing starts at 6.30pm
Supper 8.30pm



Games, prizes and food

\$10 individuals or \$30 families
Sausage sandwiches \$1.50
Steak sandwiches \$3.00, salads free.
Can of drink \$2.00 - Tea, Coffee and Water available.

This is an alcohol-free event. BYO plate to share for supper.

*All funds raised will go towards
Ganmain Catholic Parish refurbishments.*

Contact: Father Justin Darlow 6927 6438 or 0407 734 747